

Name:

Date:

**Pre-test/Post-test for Oral Health Training Program
for Nurses and Nursing Assistants**

1. _____ causes tooth decay and gum disease.
2. True or False: Residents who have diabetes who also have severe gum disease have more trouble controlling their blood sugar levels.
3. Which of the following is true:
 - a. Even if the resident has no natural teeth, the inside of the mouth should still be cleaned with a toothbrush or swab
 - b. A swab is effective for removing plaque from the teeth
 - c. Ideally natural teeth should be brushed for 20-30 seconds
4. How often should natural teeth be brushed?
 - a. Once a week
 - b. 2-3 times per week
 - c. Once per month
 - d. At least twice per day
5. After you have washed your hands and put on gloves you should
 - a. adjust the bed to the correct position
 - b. turn on the light over the bed
 - c. touch only the resident's own oral hygiene supplies
6. Which of the following is a FALSE statement about toothbrushes?
 - a. Always choose a brush with medium bristles
 - b. Toothbrushes should be allowed to air dry
 - c. A Collis Curve toothbrush cleans all three sides of the teeth at the same time
7. Fifteen studies have shown that brushing the teeth reduces _____ in nursing
 - a. home residents.
 - b. dementia
 - c. pneumonia
 - d. oral cancer
8. When brushing the sides of teeth, the brush should be
 - a. moved in an up and down motion
 - b. moved in a circular motion
 - c. pressed lightly to spread the bristles under the gum
 - d. more than one is correct
9. In what position should the resident be in when brushing the teeth?
 - a. It doesn't matter, whatever is most comfortable
 - b. If possible sitting up, if bedridden then elevate the head of bed
 - c. Laying flat in the bed
10. Which is NOT a true statement about dentures?
 - a. They should be protected by placing a towel in the sink when cleaning
 - b. They should be cleaned once a week
 - c. They may cause redness and irritation in the mouth if left in overnight
 - d. They should be checked for cracks, sharp edges and missing teeth each time they are cleaned