Eat, Drink and Be Wary: You are What You Eat

Date: Friday, October 23, 2015
Time: Registration: 8:30 a.m. EST; Course: 9 a.m. – 12 p.m.
Credits: 3 CDE credits
Location: University of Kentucky Hospital – Pavilion A Auditorium, 800 Rose Street, Lexington, KY
Tuition:
Before September 18, 2015: $75 dentist/auxiliary
After September 18, 2015: $95 dentist/auxiliary

Space is Limited – Register by September 18, 2015
Mail-In and online registrations must be received by October 16, 2015

Course Description
Americans are truly becoming what they eat and the statistical changes and long-term outcomes are moving in an unhealthy direction. The fact is the American diet is FAR from giving anyone the Recommended Daily Allowance (RDA) of nutrients. Getting back to the basics of consuming whole foods is the key to balancing our general and oral health through nutrition.

In our medication savvy society, many people believe that supplements will make up for our nutritional deficiencies. Herbal supplements promise everything from slowing the progression of Alzheimer disease, to reducing blood pressure and even reducing cholesterol. But how do they affect our oral health?

As dental professionals we have the opportunity to educate, advocate and encourage patients to implement healthy lifestyles relative to nutrition and oral health. By providing a “wellness” plan during their dental appointment, we are expanding the scope of dental treatment beyond oral diseases.

Course Objectives
Upon completion of this course the participants will be able to:
• Discuss the implications of four common herbal supplements as they relate to oral health.
• Interpret Nutrition Facts labels for nutritional counseling
• Explore the benefits of consuming whole foods vs. the current American diet
• Integrate basic nutritional counseling skills into patient treatment

Live Program Site: University of Kentucky Hospital – Pavilion A Auditorium – Lexington, KY (holds 100)
Distance Sites:
   Edgewood, KY – Northern Kentucky Health Department, Lower Level
   Videoconference Room (holds 25)
   Hazard, KY - UK Center for Excellence in Rural Health – Rm. 336 (holds 16)
   Henderson, KY – Henderson Community College, Sullivan Tech Center (holds 22)
   Madisonville, KY – Baptists Health Madisonville Cardinal Conference Room (holds 9)
   Manchester, KY – Cumberland Valley District Health Department (holds 24)
   Morehead, KY – Center for Health Education Research Building (CHER Bldg.), Room 209 (holds 12)
   Murray, KY – Murray Calloway County Hospital/Houston Memorial Library (holds 8)
   Pikeville, KY – Pikeville Medical Center, Library Conference Room (holds 15)
   Prestonsburg, KY – Prestonsburg Highlands Regional Medical Center Meeting Room A (holds 15)
Somerset, KY – Center for Rural Economic Development, Ballroom E (holds 24)
Tompkinsville, KY – Monroe County Medical Center, Education Conference Room (holds 20)

Intended Audience
This course is intended for generalists, specialists, hygienists, and dental team members.

Speaker
Tracey Jacobs, BSDH, RDH, is a full-time Professional Educator with Philips. Ms. Jacobs is a graduate of the University of Alabama School of Dentistry with a Bachelor’s of Science in Dental Hygiene.

She is a member of the American Dental Education Association, American Dental Hygienists’ Association and American Academy for Oral Systemic Health. Having served several leadership positions including President of the Florida Dental Hygiene Association, she is most noted for her dedicated service as the FDHA Event Planner and recently was awarded the 2014 FDHA Distinguished Service Award.

Ms. Jacobs manages the South region for Phillips and presents a variety of educational programs nationwide. With over 20 years of clinical experience, she continues to practice dental hygiene part-time in Central Florida.

Lecture CEU(s) - 3

Education Method: Live Interactive Format

Refund Policy
A full refund, less a $50 processing fee, will be issued for all cancellations received in writing two weeks prior to the course date. A 50% refund less a $50 processing fee will be given for cancellations received in writing one week prior to the course date, with no refund thereafter. Refunds cannot be given for cancellations on or after the course starting date. Registrants may choose to receive a full tuition credit toward another course. Course registrants who are a “NO-SHOW” forfeit course tuition.

Cancellation Policy
UK College of Dentistry Continuing Education reserves the right to cancel, modify date, course content, program faculty and activities when circumstances warrant. Pre-registered participants will be notified if a course will not be presented should circumstances warrant such action. In the event a course is cancelled, tuition will be refunded. All registrations are subject to the UKCD cancellation policy.

ADA CERP® Continuing Education Recognition Program

University of Kentucky College of Dentistry is an ADA CERP Recognized Provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at www.ada.org/goto/cep.

The University of Kentucky College of Dentistry designates this activity for 3 hours of continuing education credits.